



CURRICULUM VITAE (CV)

Mitra Abbasifard

Personal Information:

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| Last Name | Abbasifard |
| First Name | Mitra |
| Citizenship | Iranian |
| Date of Birth | 1973/7/21 |
| Place of Birth | Rafsanjan- Iran |
| Marital Status | Married |
| Child | 1 |

Address

Dr. Mitra Abbasifard
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Ali Ibn Abi Taleb Educational and
Research Center

Academic Training:

-General Medicine - Doctor - Professional PhD - Afzalipour University of Medical Sciences - Kerman - Iran 1999 -

-Internal Specialization - Internal Medicine Specialist - Afzalipour University of Medical Sciences - Kerman - Iran 2011-Internal medicine specialist rheumatology

Teaching Experience with Specialist Board Diploma

-From October, 1992 to October, 1994, with the degree of internal specialized teaching board in Rafsanjan University of Medical Sciences, Faculty of Medicine.

-From September, 2002 to September, 1994, the assistant professor of Tehran University of Medical Sciences and teaching students of Tehran University in the department of rheumatology of hospital and teaching physiopathology of rheumatology At Tehran Medical School

-From October 2007 to present, with a degree in Rheumatology, Assistant Professor of Rafsanjan University of Medical Sciences.

Theses written in the period of study

-Antinociceptive effect of methanolic extract of black mustard plant in mice -Brassicainigra
General physician - Dr Mohammad Reza Heidari

-Determination of the Effect of Wounding of Methanolic Extract of Grasshopper *Perkula* on Rat Stomach Compared to Inromemtan

-Determination of the Effect of Wounding of Methanolic Extract of Grasshopper Plants on Rat Stomach Compared to IntroMatBain *Captopisspinosa* Internal Medicine - Dr Mahmood Reza Heidari - Dr Mehdi Jahanbakhsh

-The effect of N-acetyl-cysteine on the activity of lupus disease in patients referred to rheumatology clinic of Valiasr Hospital in Tehran in 1993

Skills courses

-Workshop on Bone Density Assessment

Research projects

-Researching of the frequency of lupus and lipid profiles in patients referring to Rafsanjan Rheumatology Clinic, 1996-96

- Frequency of Rheumatoid Arthritis in Patients Referring to Rafsanjan Rheumatology Clinic, 1995-96

-Interjection of IL38 in patients with osteoarthritis referring to Rafsanjan Rheumatologic Clinic

-Residence of IL38 in rheumatoid arthritis patients referring to Rafsanjan Rheumatologic Clinic

-Interjection of IL38 in patients with lupus referred to Rafsanjan Rheumatology Clinic

-Moscowo scletal manifestations of diabetic patients referring to the diabetes clinic of Ali ibn Abi Taleb Hospital (Rafsanjan, Iran)

-Moscowo scletal manifestations of hypothyroidism referring to the diabetes clinic of Ali ibn Abi Taleb Hospital (Rafsanjan, Iran)

-Surveying the level of participation and autonomy in patients with osteoarthritis referring to Rafsanjan Rheumatology Clinic

- Investigation of the level of participation and autonomy in patients with rheumatoid arthritis referring to Rafsanjan Rheumatology Clinic

- Investigation of the Pattern of Some Micro RNAs in Rheumatoid Arthritis Patients Referring to Rheumatology Clinic of Rafsanjan in 2019

- The effect of supplemental aqueous extracts of *Achillea millefolium* on clinical signs and symptom of knee joint osteoarthritis in rheumatology clinic of Rafsanjan in 2020: a randomized and double blind clinical trial

- Investigation of the expression pattern changes of some effective MiRNAs in DNA methylation in Systemic Lupus Erythematosus (SLE) patients referring to rafsanjan rheumathology clinic in 2019-2020

- The study of gene expression and polymorphisms of PADI4 gene in The study of gene expression and polymorphisms of PADI4 in Patients with Rheumatoid Arthritis Referring to Rheumatology Clinic of Rafsanjan in 2019

- Effect of topical Pistacia Atlantica oil on some clinical of knee osteoarthritis: a randomized and double blind clinical trial

Supervised or advised theses

- Frequency of lupus and lipid profile in patients referring to Rafsanjan Rheumatology Clinic, 1995-96

Frequency of rheumatoid arthritis in patients referring to Rafsanjan Rheumatology Clinic, 1996-95

- Evaluation of IL38 level in patients with osteoarthritis referring to Rafsanjan Rheumatology Clinic
- Evaluation of IL38 in rheumatoid arthritis patients referring to Rafsanjan Rheumatology Clinic
- Evaluation of IL38 in patients with lupus referred to Rafsanjan Rheumatology Clinic

Study of Musculoskeletal manifestations of diabetic patients referring to diabetes clinic of Ali ibn Abitaleb Hospital (Rafsanjan, Iran)

- The study of Musculoskeletal manifestations of hypothyroidism referring to the diabetes clinic of Ali ibn Abitaleb Hospital (Rafsanjan, Iran)
- Surveying the level of participation and autonomy in patients with osteoarthritis referring to Rafsanjan Rheumatology Clinic
- Surveying the Level of Participation and Autonomy in Rheumatoid Arthritis Patients Referring to Rheumatology Clinic of Rafsanjan.

- Topical effect of cicer arientinumr extract on some clinical signs of knee osteoarthritis: a randomized and double blind clinical trial

- The effect of topical Pistacia vera oil on clinical signs and symptom of knee joint osteoarthritis: a randomized and double blind clinical trial

Participate in reflections, retraining and workshops

- Blood management and its products at the medical centers of the one-day scientific conference. Rafsanjan University of Medical Sciences, 2017/11/2
- Certificate of Lecture at the Congress of Physiology and Pharmacology of Iran, who has been present as a speaker. 3- Fasts - Kerman University of Medical Sciences - from 2017/5/1 to 2017/5/12
- 3-day-old children's program - Rafsanjan University of Medical Sciences - on 2005/11/19 to 2005/11/21
- Tuberculosis conference - One day conference - Rafsanjan University of Medical Sciences - 2018/11/07
- Monthly Conferences of General Physicians - Rafsanjan University of Medical Sciences - from 2018/5/30 to 2019/02/05
- One-day STD conference- Rafsanjan University of Medical Sciences - On 2018/12/6
- Certificate of participation in the Iranian physiology and pharmacology congress in Kerman University of Medical Sciences on 2005/10/1 to 2005/10/3
- Medical Practice - (1) One day - Yazd Shahid Sadoughi University of Medical Sciences 2007/5/19
- Medical Practice - (2) (One day - Yazd Shahid Sadoughi University of Medical Sciences – 2007/5/20
- Medical Practice - (3) (One day - Yazd Shahid Sadoughi University of Medical Sciences 2007/5/21
- - Medical Practice - (4) (One day - Shahid Sadoughi University of Medical Sciences, Yazd, Iran)2007/5/22
- Medical Practice - (5) (One day - Shahid Sadoughi University of Medical Sciences, Yazd, Iran)- 2007/5/23

Attending congresses

Rheumatology Congress March, 2014 and 2015 and April, 2016 Tehran and August 2017 Croatia

Articles published in domestic journals in Farsi

- Effect of methanolic extract of *Anacardium occidentale* on histopathology and rat liver and kidney tests - Mohammad Reza Heidari - Babol University of Medical Sciences Journal of Babol University of Medical Sciences 2011 Volume 13, Issue: 1, pages 14-21
- Antinociceptive effect of metastatic extract of *Brassicainigra* Black mustard plant in mice - Journal of Mazandaran University of Medical Sciences 2002 - Volume, Issue: 34, pages 26-18

Articles published in foreign journals in English

- 1- Behravan, Effat; Heidari, Mahmoud Reza; Heidari, Mohammad; Fatemi, Ghasem; Etemad, Leila; Taghipour, Gholamhossein; Abbasifard, Mitra; Comparison of gastric ulcerogenicity of percolated extract of *Anacardium occidentale* (cashew nut) with indomethacin in rats
Pak. J. Pharm. Sci 25 1 111-115 2012
- 2- Razzaghof, Mohammadreza; Movassaghi, Shafieh; Fard, Mitra Abbasi; Shahbazi, Fatemeh; Ankylosing Spondylitis as a Deceptive Visage of Multiple Myeloma: a case report
Case Reports in Clinical Practice 1 2 48-53 2016
- 3- HEIDARI M.R., HEIDARI M.R.*, NAGHIBI B., MIRSHAMSI M.R., VAFAZADEH J., HEIDARI M., DABIRI S., ABBASIFARD M.; EFFECTS OF ANACARDIUM OCCIDENTALE EXTRACT ON HISTOPATHOLOGY AND HEPATO- RENAL FUNCTION TESTS IN RATS JOURNAL OF BABOL UNIVERSITY OF MEDICAL SCIENCES (JBUMS) 13 1 14 To 21 2011
- 4- Abbasifard M, Heidari MR and; Evaluation of the analgesic effect of brassica nigra in mice.
Mazandaran University of Medical Sciences (NAMEH DANESHGAH 12 34 18-26 2002
- 5- بهروان; عفت; Investigation of Hypericum perforatum extract on convulsion induced by picrotoxin in mice Pakistan Journal of Pharmaceutical Sciences
- 6- Heidari, MR; Heidari, MR; Naghibi, B; Mirshamsi, MR; Vafazadeh, J; Heidari, M; Dabiri, SH; Abbasifard, M; Razavian, MH; Safarpour, E; Local Application of Antibiotics in Periodontal Pockets
- 7- Abbasifard, Mitra; Imani, Danyal; Bagheri-Hosseiniabadi, Zahra; PTPN22 gene polymorphism and susceptibility to rheumatoid arthritis (RA): Updated systematic review and meta-analysis The Journal of Gene Medicine e3204 2020 Wiley Online Library
- 8- Nazari, Alireza; Ahmadi, Zahra; Hassanshahi, Gholamhossein; Abbasifard, Mitra; Taghipour, Zahra; Falahati-pour, Soudeh Khanamani; Khorramdelazad, Hossein; Effective Treatments for Bladder Cancer Affecting CXCL9/CXCL10/CXCL11/CXCR3 Axis: A Review Oman Medical Journal 35 2 e103 2020 Oman Medical Specialty Board

- 9- Bagheri-Hosseiniabadi, Zahra; Imani, Danyal; Yousefi, Hassan; Abbasifard, Mitra; Vitamin D receptor (VDR) gene polymorphism and risk of rheumatoid arthritis (RA): systematic review and meta-analysis *Clinical Rheumatology* 2020 Springer
- 10- Abbasifard, Mitra; Khorramdelazad, Hossein; The bio-mission of interleukin-6 in the pathogenesis of COVID-19: A brief look at potential therapeutic tactics *Life sciences* 118097 2020 Elsevier
- 11- Abbasifard, Mitra; Kamiab, Zahra; Bagheri-Hosseiniabadi, Zahra; Sadeghi, Iman; The role and function of long non-coding RNAs in osteoarthritis *Experimental and molecular pathology* 114 104407 2020 Elsevier
- 12- Abbasifard, Mitra; Bazzaz, Avid; Bazmandegan, Gholamreza; Rezaeian, Mohsen; Saeedaskari, Pooya; Mahmoodian, Hamed; Zareshahi, Rahele; Effect of topical chickpea oil (*Cicer arietinum* L.) on knee osteoarthritis: A randomized double-blind controlled clinical trial *European Journal of Integrative Medicine* 35 101076 2020 Elsevier
- 13- Abbasifard, Mitra; Kamiab, Zahra; Noori, Mooness; Khorramdelazad, Hossein; The S100 proteins expression in newly diagnosed systemic lupus erythematosus patients: Can they be potential diagnostic biomarkers? *Gene Reports* 20 100773 2020 Elsevier
- 14- Fatemi, Iman; Hadadianpour, Zahra; Fatehi, Farangis; Shamsizadeh, Ali; Hasanshahi, Jalal; Abbasifard, Mitra; Kaeidi, Ayat; The role of locus coeruleus nucleus TRPV1 receptors in the development and expression of morphine dependence *Iranian journal of basic medical sciences* 22 10 1186 2019
- 15- Bagheri-Hosseiniabadi, Zahra; Imani, Danyal; Yousefi, Hassan; Abbasifard, Mitra; MTHFR gene polymorphisms and susceptibility to rheumatoid arthritis: a meta-analysis based on 16 studies *Clinical Rheumatology* 13-Jan 2020 Springer
- 16- AHMADI, Hadis; KHORRAMDELAZAD, Hossein; HASSANSHAHI, Gholamhossein; FARD, Mitra ABBASI; AHMADI, Zahra; KARIMABAD, Mojgan NOROOZI; Mollahosseini, Majid; Involvement of Eotaxins (CCL11, CCL24, CCL26) in Pathogenesis of Osteopenia and Osteoporosis *Iranian Journal of Public Health* 49 9 1769-1775 2020
- 17- Rostamian, Abdolrahman; Mazidi, Ali; Shahbazi, Fatemeh; Abbasifard, Mitra; Behzadi, Behnaz; Movassaghi, Shafieh; Appearance of Paraneoplastic Rheumatic Manifestations of Mostly Fibromyalgia in Patients with Breast Cancer: Analysis of 401 Cases *Zahedan Journal of Research in Medical Sciences* 21 4 2019 Kowsar

Research interests

With my interest in the herbal medicine, I will continue to study the effects of analgesia and side effects of herbs.

Survey of inflammation and immunologic factor in autoimmune diseases

Cheers and awards

Board of Rheumatology and Promotion and Award by Mr. Minister Dr. Hashemi and Head of Imam Khomeini Hospital, University of Tehran.